

Our Mission

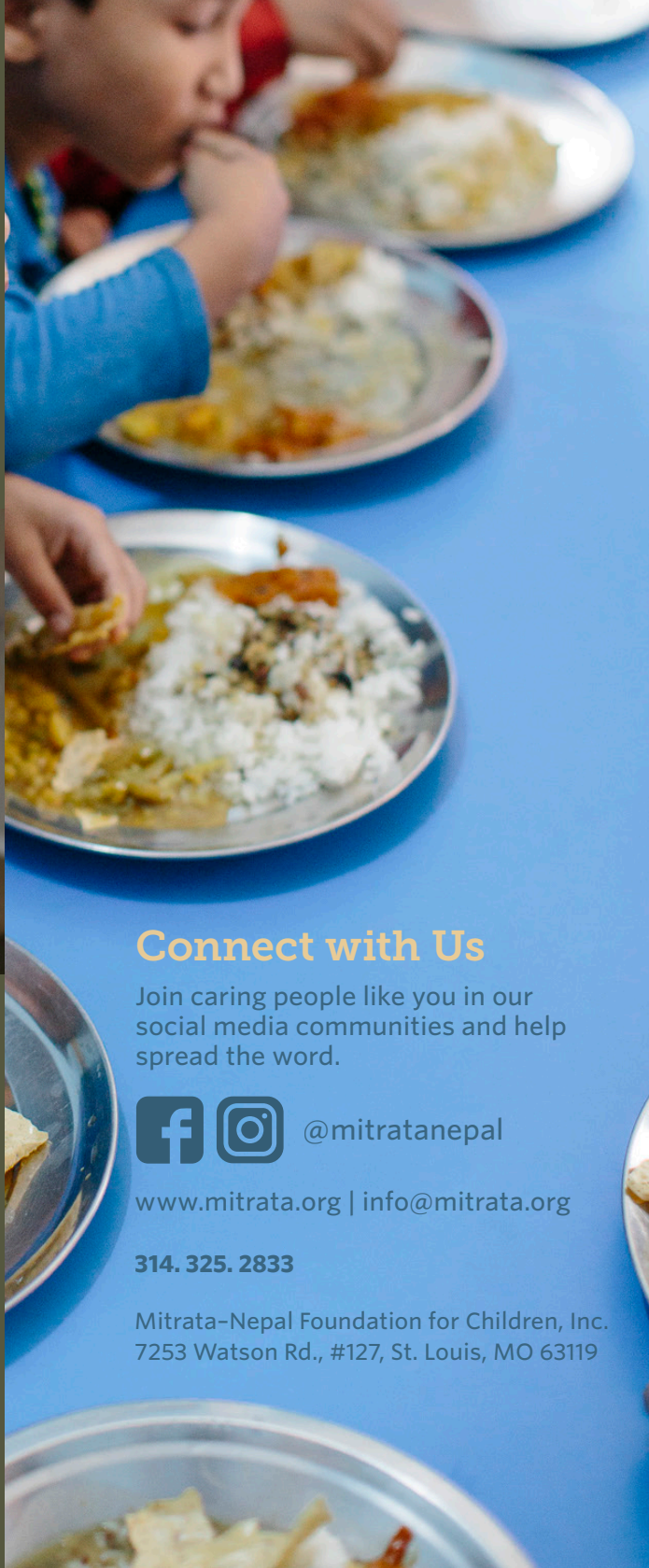
It's our mission to educate and empower severely underprivileged children to reach their full potential as citizens of Nepal. We strive to maximally impact the lives of these children who in turn contribute to their community.

We provide private school education, empowerment, housing, healthcare and university or trade school scholarships to over 115+ children.



Why Do We Work in Nepal?

The plight of children in Nepal, one of the poorest countries in the world, is desperate. Many children suffer from malnutrition, poor living conditions and a lack of education. Fifty percent of Nepali children are malnourished and only a quarter of them live with adequate sanitation. 1.6 million children work as laborers in Nepal. Medical care is often not available or affordable. Dues to the long-term effects of political conflicts, earthquakes, fuel shortages and the Covid-19 pandemic, more children are without parents or homes that adequately meet their needs.



Connect with Us

Join caring people like you in our social media communities and help spread the word.



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Contact Center



Mitrata-Nepal
Foundation for Children



Who We Are

The Mitrata-Nepal Foundation for Children (MNFC) is a 501C3 non-profit organization in St. Louis, Missouri, USA dedicated to helping underprivileged children in Nepal. Operating since 2002, we provide education, medical care, counseling, empowerment programs, housing and other support services. We are committed to helping the children become healthy, educated, economically independent Nepali citizens. We currently support over 115 children on an annual budget of under \$500,000 USD to cover Nepal and US operations.

MNFC programs consist of:

- **School sponsorships** for children living at home and in boarding school environments
- **Career development and scholarships** for higher education and vocational training
- **Contact Center, an early childhood educational program** for poor children who have not previously attended school
- **Capacity building and consultation** with our partner organization in Nepal
- **Cultural travel opportunities** for donors and sponsors

Our Contact Center

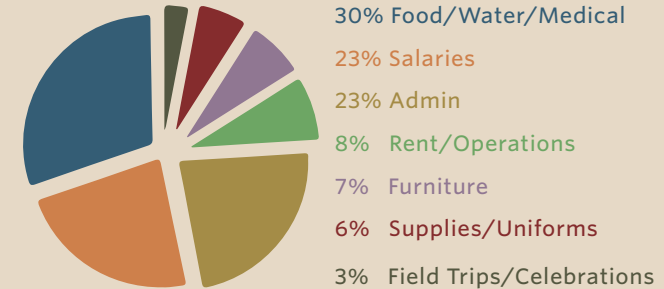
Educating poor children in Nepal is challenging. Many children live in unsafe, unhealthy homes and work to help support the family. As victims of child labor or having parents who are itinerant workers, the children are not enrolled in school. They lack school-readiness skills, are neglected and malnourished, all of which interferes with their ability to learn.

In order to serve these children, the Contact Center, located in Kathmandu, was created. Here children age 3-10 years old are provided an early childhood education in a nurturing, loving environment, similar to the Montessori model. Enrollment in the Center averages 30 students. The children enter at the preschool level, are taught basic skills, including reading, writing and an introduction to English. They are also provided with hygiene education, healthcare and two high-quality protein-rich meals each day.

After 18-24 months, many of these children are ready to enter the school system and after testing are placed in second or third grade. Even children who prematurely leave the Contact Center have benefited from the nurturing environment, nutrition, healthcare, and educational foundation. The Contact Center serves as a source of new children to our sponsorship program. Each year we graduate roughly five children from the Contact Center and place them in private school.

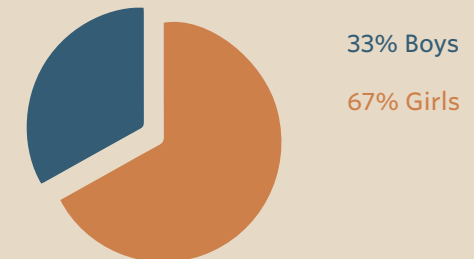


Contact Center Budget Breakdown



Demographics - 30 Kids

By Gender



By Age

