



MITRATA-NEPAL
FOUNDATION FOR CHILDREN

CELEBRATING 20 YEARS

WWW.MITRATA.ORG | @MITRATANEPAL

2002-2022





Gil Williams of Macrosun introduces Christine to Nepali friends, Santosh and current board member, Urmila Panthi
2000

Christine treks
on the Annapurna
Basecamp Trek
with Nanda

2000





Mountain view on the Annapurna Base Camp Trek
2000

Crossing a deep
river gorge on a
swinging bridge
on the Annapurna
Base Camp Trek

2000





Himalayan Mountain View
2000



Annapurna Basecamp Trek with Nanda and Christine
2000



Sharing the trail
with Donkeys
carrying supplies
up the mountain -
look out here
they come!

2000

Beautiful Gold
Buddha Statue at
Swayambhunath in
Kathmandu

2000





Sleeping Vishnu Hindu Holy Site in Budhanikantha
2000



First sponsored
child, Ishwori in
the village where
she was found

2002

A group of children in the village where we found the first sponsored child Ishwori (r)

2002





A few children
and Nanda in
front of the
first home for
the Mitrata
children in Naya
Bazaar, Kathmandu

2002

Christine and
sponsored child,
Mamta, showing
off her artwork
at the children's
home

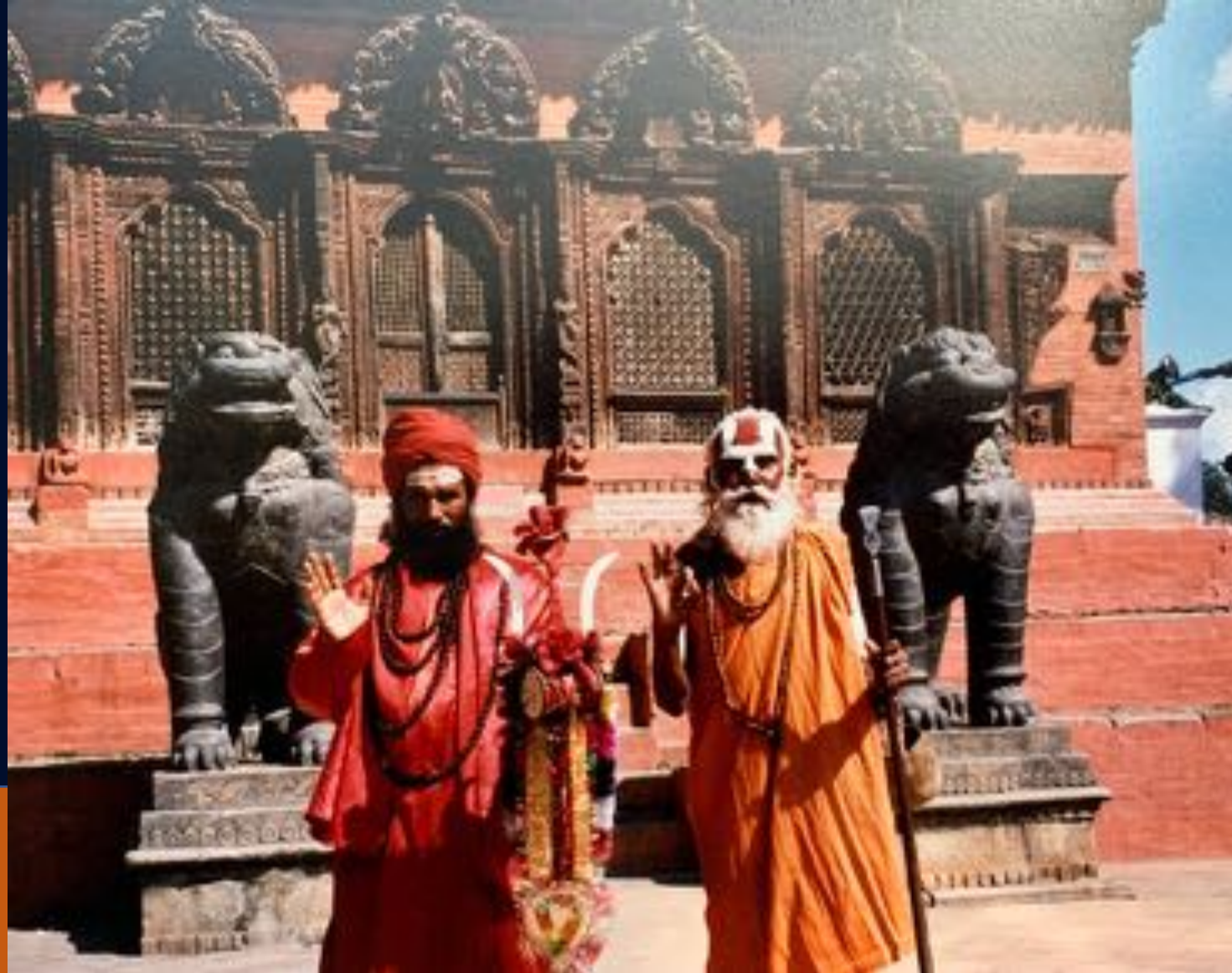
2002





Fulmati and Soni
who worked for
O.U.E.S.T.,
Nanda and Hari
(the children's
home supervisor)
with Christine
(l. to R.)

2002



Sadhus (holy men) at a temple in Durbar Square
in Kathmandu

2002



First group of children in the Mitrata home
together on the front porch
2002

Christine and
Rajan one of the
early Mitrata
graduates

2002





Monk doing his
ceremonial
prostrations at
the Tibetan Stupa
in Boudhanath

2003

Christine and
sponsored child,
Sabina, doing
homework at the
Mitrata home



2003



Christine lighting
candles of
remembrance in
Swayambhunath for
her deceased
friend Bob

2003



Sponsored child Dinesh and his mother visiting
the children's home
2003



The first sponsor trip to Nepal, Gertraud, her sponsored child-Japanisha, Nanda, & school teacher (L.to R.)
2003

Sponsor Gertraud
Wild in Jomsom on
the sponsor trip
trek down the Kali
Gandaki River Gorge

2003





Jomsom Airport
at 9000 feet
to start the
trek down the
Kali Gandaki
River Gorge

2003

Girls in their
dorm room
getting ready
for school in
the Mitrata home

2003





Mitrata Board
member and
advisor,
Gil Williams
visiting the
children in the
Mitrata home

2003



Children in Ishwori's classroom at
Manaslu Public School
2003



Children in the courtyard of the Mitrata home getting ready to walk to school in their school uniforms
2003

Leah Schulte
Director of
O.U.E.S.T. with
Soni and Fulmati,
and Nanda

2003





Two sisters brought to
the children's home
Pasang and Yangi.
Pasang is now a social
worker for Teach for
Nepal and Yanji is soon
to graduate BBA in
business

2003

Christine
reluctantly
leaving for the
USA enjoying a
sendoff with
gifts of flowers

2004





Christine with
two sponsored
children,
Japanisha and
Germansha

2004



Christine with Gil and MacroSun at early
Mitrata fundraising event
2004



Guests at MacroSun fundraising event for
Mitrata in Saint Louis
2004

Children getting
ready for dancing
in the basement
of the Mitrata
home

2004





One of Nepal's
many beautiful
cultivated
hillsides as
seen while
trekking

2005

Children at the
Mitrata home
eagerly posing
for a photo

2005





Dear friend and
singing bowl
guru, Mangal, and
Christine at his
home enjoying the
singing bowl
bonanza

2006

One of the many
monkeys catching a
view from the top
of Swayambhunath
overlooking
Kathmandu

2006





Blue doors are
part of the
street scene in
Kathmandu Durbar
Square area

2008



Children in the newer Mitrata
Children's home
2008



Street scene at Chitwan National Wildlife
Park (first established 1973) in Nepal
2008

Christine with
children in the
Mitrata home

2008





Dal (lentil) street vender
- so many delicious kinds!
2008



Fun elephant ride with child sponsors Nick Ancel
and Val Schutz in Chitwan National Park
2008

Fulmati and Soni
of O.U.E.S.T.

2008





Kathmandu New
Road local
shopping area

2008

Leah and Nanda
rest at a tea
house on a trek
to Golphu, the
village supported
by O.U.E.S.T.

2008





Beautiful Nyatapola
Hindu temple in
Bhaktapur, sister
city to Kathmandu.
The 2015 earthquake
destroyed many
temples but not
this one!

2008



The famous rhinos in Chitwan National Park.
Close up views from atop an elephant!
2008

Children walk to
Manaslu Public
School from the
Mitrata home

2009





Mangal, Mitrata's
first sponsor
Nancy, and Mamta's
sponsor,
Stephanie, on the
sponsor trip

2009

Nancy, Christine,
Fulmati and Soni
of O.U.E.S.T.

2009





Nancy gets a
therapeutic “gong”
by Mangal at his
home in Naya
Bazaar

2009

Mangal, Christine,
Nancy Williger,
Stephanie Recht in
front of Mangal's
shop in Thamel,
Kathmandu

2009





Nancy Williger
and Stephanie
Recht in Patan
Square

2009



Volunteer judges at one of the first Mitrata Trivia night fundraisers in Saint Louis 2009



Stephanie Recht and Mr. Trivia, Brian
Agovino at the Mitrata Trivia Night
Fundraiser in St. Louis
2009

View of an
ancient water
gathering and
bathing place in
Patan, sister
city to Kathmandu

2009





World Wide
Educational
Partners Director,
Steve Mannschardt,
Nanda, Christine,
and Board member
Jackie Wallach,
enjoying dinner on
the sponsor trip

2010

Board member
Jackie Wallach
and Christine on
a hike in the
mountains

2010





Lower entrance to
Swayambhunath
(the Monkey Temple)

2010



Sponsor and Board member Jackie
on our hike in Nepal
2010

Girls practicing
yoga at the
Mitrata home

2010





Jackie Wallach in the Mitrata children's home
showing Rekha, Susmita and Mamta some PC skills
2010

Mangal, Nanda,
Jackie, Christine
confined at the
hotel during the
Maoist riots

2010





Beautiful prayer
wheels

2010

Sponsor table at
the fundraiser
Trivia Night in
St. Louis

2010





One of the
many bridges
on the trek

2010

Jackie and
Christine
enjoying time
with monks

2010





Board member, Arati Maleku meets with children to make the transition to our new NGO partner, BSF 2011

BSF staff pose at
the Contact Center

2011





Contact Center
children with
Sponsors outside
the building

2011

Christine sits on
the Buddha's lap
at Swayambhunath

2011





Sponsor Connie
McIntyre, board
member, Mike Reed,
& daughter Katie Reed
visit with their
sponsored child
Sangeeta

2011

Sponsor Connie McIntyre, Jim Craig (current President), board member Mike Reed, and sponsor Toni Schmidt waiting for the next airplane to arrive traveling to Nepal (l. to R.)



2011



Sponsor trip
participants
having fun &
dancing with
the children

2011



Friends and sponsors enjoying a
great dinner in Kathmandu
2011



Sponsor Group Trip Mark Hartsuyker, Karen Hartsuyker, Toni Schmidt, Connie McIntyre, Mike Reed, Katie Reed, Jim Craig, Christine (l.toR.)
2011

Two happy Contact
Center children
dancing

2011





Prayer flags in
Thamel Kathmandu

2011

Kathmandu's
sister city,
Patan, is known
for handicrafts.
Artisan
displaying clay
pots

2011





Patan women
getting clean
water

2011

Rickshaws for
hire on the
street in
Kathmandu

2011



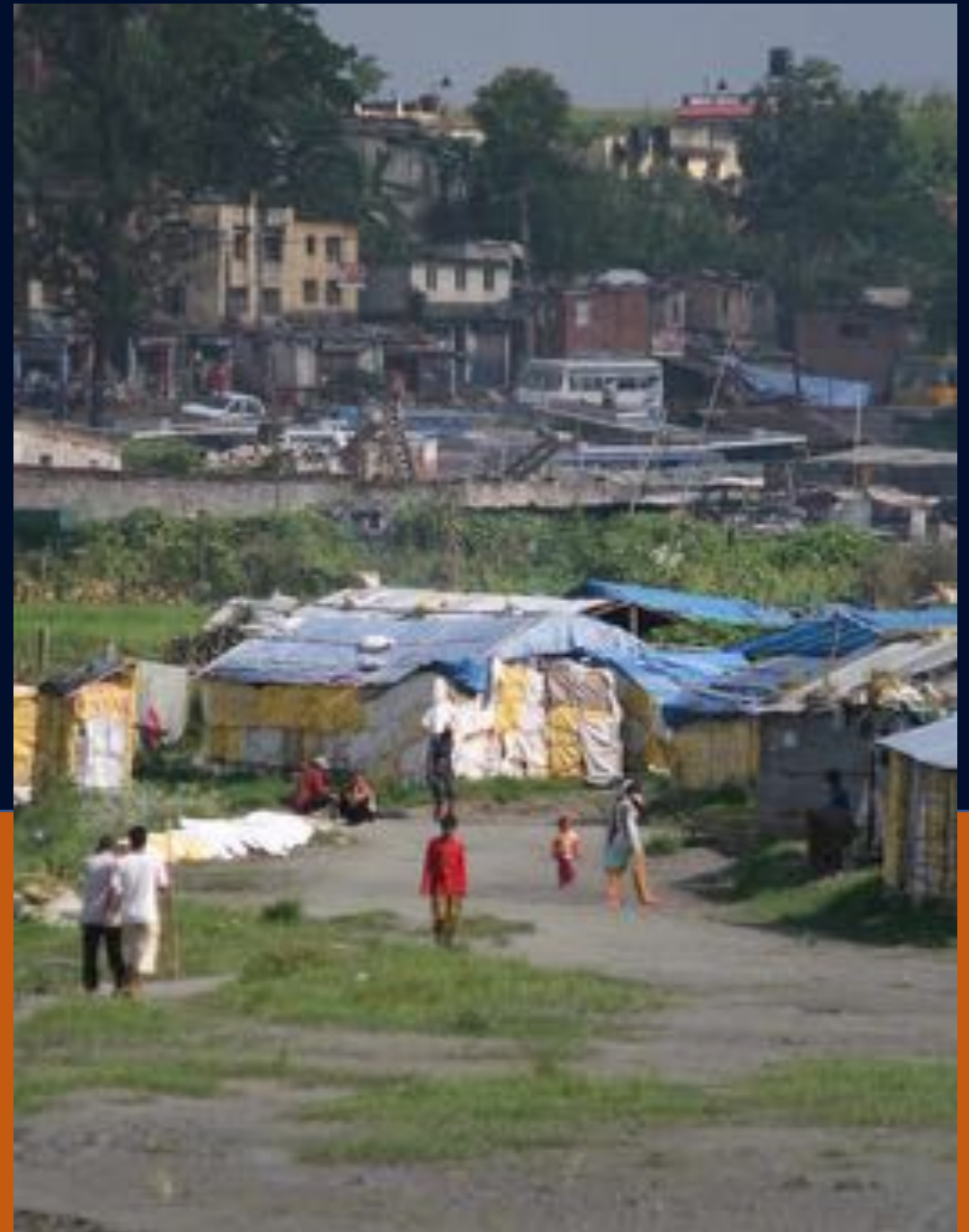


Sponsor Group
Trip Katie Reed,
Toni Schmidt,
Connie McIntyre,
Mark Hartsuyker,
Karen Hartsuyker,
Jim Craig (l.toR.)

2011

Visiting the
“Sukumbasi” slum at
Bagmati river
Kathmandu

2011





View of the big Vajra at Swyambhunath
(the Monkey Temple)
2011



Contact Center children having fund with
puppets sponsors brought on the trip
2011

Christine and Mrs.
Satyal, the
inspiration for our
NGO partner BSF.

As one of the first
social workers in
Nepal she worked
tirelessly for
children's welfare.

2012





Children's Model
Higher Secondary
School CMHSS
which accepted
our children
during the
transition of
Nepal partners

2012

Concert fundraiser for
Mitrata at Logan
University in St. Louis



*Mitrata-Nepal
Foundation*

2012



*Mitrata
Foun*

Durbar Square
Market in
Kathmandu

2012





First CCSD (now
BSF) Office sign
on the office
door in Bansbari
Kathmandu

2012

Girls having fun
at CMHSS boarding
school

2012





Executive Director
Leena Satyal meets
with CMHSS school
owner Mr. Regmi
signing the
documents for
transfer of
children to the
care of BSF

2012



Mountain view from Everest Base Camp
2012



Prayer Flags in the Sun
2012

Sponsor table
at Mitrata
fundraiser
event

2012





Sponsor trip
visit to Leena's
house (L.to R.)
Christine,
Alexis Mead,
Nancy Williger,
Lesley Wall,
Leena Satyal,
Brahmi Satyal

2012

Women dressed for
Hindu women's
festival Teej

2012





Boys practice
Karate at
boarding school
CMHSS

2013

Contact Center
children having
fun with their
pals

2013





The talented Dawn
Weber plays at a
Benefit Concert
for Mitrata

2013



Mountain Field trip with the
girls at CMHSS boarding school
2013



Field trip with boarding school
CMHSS boys running through the
rows of Nepali tea
2013

Girls at CMHSS
boarding school
dancing

2013





Dinner with the
University level
older children at
Roadhouse Café
Leena, Sudan,
Pawan, Christine,
Anita, Sumitra,
Pratima (l. to r.)

2013

Great day for a
picnic in the
mountains with
the children

2013





Sponsored
children enjoying
the holidays at
the Contact
Center (Milan and
Mithila)

2013

Typical Kathmandu
Electrical
Nightmare in Thamel

2014





Older girls
at the Fun
Park sponsor
field trip

2014



Dental healthcare checkups
2014



Sponsor & board member Hewie Powell
waves with the girls at the Fun Park
sponsor field trip
2014

Sponsor Steve
Schirber hanging
with the Girls at
the Fun Park
sponsor field
trip

2014





Meeting with Leena Satyal on a sponsor trip (l. to r.) Board Treasurer Ambrose Bittner, Nancy Williger, Christine, Leena Satyal & Sponsors Amanda Camp, Brian Wuebkenberg, & Rick Meadows

2014

Climbers at the
Climb for
Himalaya Children
fundraiser
getting ready to
start up Mt.
Rainier, WA

2015





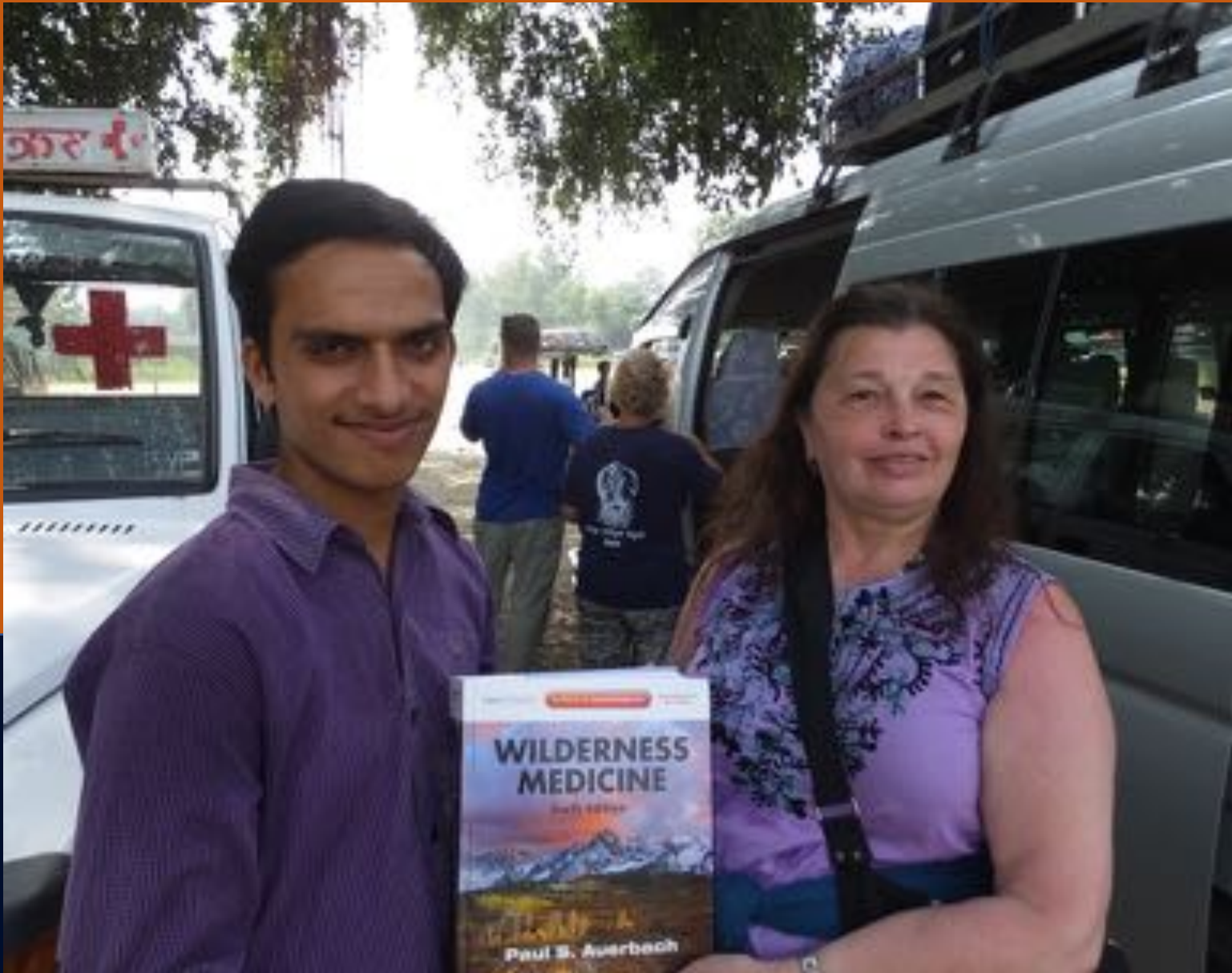
Volunteer and
sponsor Larissa
Hoffmann meets
her sponsee,
Rojina.

2015

Sponsors meet
medical student
Sudan at the
Chitwan Medical
Facility on a
sponsor trip

2015





Sponsor Sandra Hoffmann gives medical student Sudan a special book on wilderness medicine on the sponsor trip

2015



(L. to R.) Yogesh Satyal, Nancy Williger, Leena Satyal, & sponsors, Reva Meadows, Amanda Camp, Christine, Sponsor Brian Woebkenberg on a Sponsor Trip
2015



Sponsors have dinner with the 11th/12th grade students on the sponsor trip 2016

Dinner at Leena &
Yogesh Satyal's
home on the
sponsor trip

2016





University/
Vocational
students posing
at the sponsor
dinner with them

2016

Flowers for
Celebration at
a street vendor
in Kathmandu

2016





Some of the
older students
meeting up

2016

Vice President and
sponsor Rick Hendin
meeting with the
girls at CMHSS

2016





Sponsor and board member Stephanie Recht performs a dance with a few of the older girls at the CMHSS celebration

2016



(L.to R.) Steve Schirber, Sandra Hoffmann, Alexis Mead, Christine, Stephanie Recht, Reva Meadows, Patti Pellerito, Jerry Shatoff in the hotel on the Sponsor Trip
2016



University/ Vocational students
with Christine and BSF staff,
Susmita and Sarita at the office
2017

Mitrata strategic
planning board
meeting in
St. Louis

2017





BSF staff prepare
meals at the
Contact Center

2017

Graduation
celebration on
the roof of the
BSF Office

2017





Christine
celebrates Holi
Hindu festival
with Puja, Rekha,
Sushan and Pawan

2017

Sponsor Ice Cream
Social at Sandra
Hoffmann's house
in St Louis

2017





BSF staff on a
school visit
Leena Satyal,
Susmita Gautam,
Bimala Joshi,
Aleesh Baniya

2017



Yogesh and Leena Satyal at Climb for Himalaya
Children Mitrata fundraiser at Mt. Rainier, WA
2017



Karma Thalo medical clinic for the Mitrata children with Dr. David Null and Dr. Joe Grimaud 2017

Karma Thalo
Medical Clinic
for the Mitrata
children and
their families at
the BSF office in
Kathmandu

2017





11th/12th grade
students studying
at Golden Gate
College with
sponsors

2017

University &
Vocational
students with
Sponsors at the
pizza restaurant
dinner

2017





Riot Soldiers
preparing for
unrest in
Kathmandu

2017

BSF Staff Susmita
Gautam & Leena
Satyal,
O.U.E.S.T. staff
Fulmati & Soni
with Vice
President Rick
Hendin and
Christine

2017





Mitrata Trivia Night fundraiser
2017

BSF staff Susmita,
Leena and Aleesh
and Christine visit
the Darnal Family
home in Godavari
outside Kathmandu

2017





Sponsors (L.to R.)
Elizabeth Chirco,
Danny Williger,
Arlene Miller,
Hewie Powell,
Robert Jr, Cindy
& Robert Sr
Nevitt on the
sponsor trip

2018

Natural light
mountain glow
view from
Australian Camp

2018





Contact Center
children getting
candy for
celebration

2019

Nutritious
Contact Center
meal time

2019





Contact Center
fun dancing and
singing!

2019



Contact Center children celebrate
the Hindu holiday of Tihar
2019



Contact Center Staff celebrating with
Christine the Hindu holiday of Tihar
2019

Christine with
Rogina, Bijaya,
Puja at the
BSF office

2019





Contact Center children
celebrating Tihar with
rangoli (floor design
art made by the staff)

2019

Graduates of the
Mitrata program
with sponsors and
Leena and Yogesh at
the celebration
hall

2019





Graduation
participants with
staff and
sponsors at the
celebration

2019



BSF Staff at the Graduation celebration
2019



First sponsored girl Ishwori at the graduation ceremony with Leena, Christine, and Yogesh 2019

BSF staff Sarita
and Ishwori
prepare for the
office Tihar
celebration

2019





Leena and Christine
after shopping for
the Holiday Bazaar
-whew!

2019

Pashupatinath Temple
in Kathmandu
dedicated to Lord
Shiva (a World
Heritage Site)

2019





Brahmi Satyal,
Rogina, and BSF
staff Sarita with
Christine prepare
for Tihar at the
BSF office

2019

Vice President Rick
Hendin and Mitrata
volunteer Isaac
Schmitt drink
coffee at the local
coffee shop

2019





Sponsor group
trip gorgeous
ladies in their
punjabi dress

2019

Spectacular View of
Kathmandu from the
top of Swayambhunath

2019





Older children with Rick Hendin and Jim
Craig at the BSF office
2020

BSF Board meeting
with President
Jim Craig and
Vice President
Rick Hendin

2020





BSF moving into
the new Contact
Center and
Office with
local help

2021

BSF staff on the
balcony of the
new Office
Building

2021





The New BSF Office
building in
Kathmandu

2021

BSF staff moving
into the new
larger Contact
Center

2021





BSF staff take the children to the Fun Park in Kathmandu for their first post-covid outing!

2022



BSF staff take the children to the Fun Park in Kathmandu for their first post-covid outing!
2022