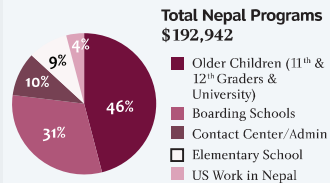
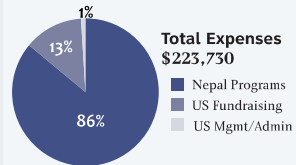
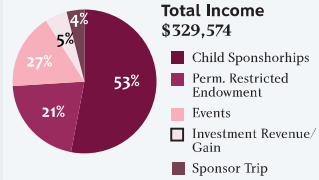


2016 Financials at-a-Glance



Independent Accountants' Compilation Report

STATEMENT OF ACTIVITIES FOR THE YEAR ENDED DECEMBER 31, 2016

SUPPORT AND REVENUE	TOTALS
Child sponsorships and general contributions	175,016
Permanently restricted endowment contribution	68,000
Sponsor/volunteer trip revenue	15,290
Special events	55,782
Investment revenue	7,517
Unrealized gain (loss) on investments	7,969
TOTAL SUPPORT AND REVENUE	\$329,574
EXPENSES	
Program	192,942
Management and general	2,430
Fundraising	28,358
TOTAL EXPENSES	\$223,730
CHANGE IN NET ASSETS	\$ 105,844
NET ASSETS - BEGINNING OF YEAR	\$287,957
NET ASSETS - END OF YEAR	\$393,801

Prepared by Cindy Fulton, Certified Public Accountant

Demographics

 EDUCATION TO 10TH GRADE 18 Children	 EDUCATION 11TH & 12TH GRADES 18 Children
 EDUCATION + HOUSING TO 10TH GRADE 34 Children	 UNIVERSITY/ VOCATIONAL TRAINING 15 Children
 CONTACT CENTER 26 Children	

Goals through 2017

- **Secure full sponsorship for all children** including our Contact Center graduates.
- **Build our scholarship fund by 20%** to create university and trade school scholarships for our increasing numbers of older children.
- **Empower six tenth-graders** to pass the School Leaving Certificate (SLC) exam and continue with their education.
- **Establish planned giving opportunities** for our sponsors and donors to ensure Mitrata's future sustainability.
- **Hire a part-time Social Media Intern** to increase our social media and web presence to grow awareness of our work in Nepal.
- **Redesign the Mitrata website** www.mitrata.org to be more responsive to different platforms.

Mitrata - Nepal Foundation for Children, Inc.



"A hundred years from now it will not matter what my bank account was, the sort of house I lived in, or the kind of car I drove...but the world may be different because I was important in the life of a child."

-Forest E. Witcraft

Board of Directors

Staff:

Dr. Christine Schutz
Founder and Executive Director

Alexis Mead
Director of Development/Operations

Connie Colvis
Administrative Assistant

Board Officers:

Dr. Nancy Williger
President

Dr. Sandra Hoffmann
Vice President

Jim Craig
Secretary

Mike Reed
Treasurer

Board Members:

Nina Balsam
Rick Hendin
Ambrose Bittner
Pam Hughes
Pam Caraffa
Len Kannapell
David Floeh
Jackie Wallach

Advisory Members:

Beth Boyd
Toni Schmidt
Jim Brasunas
Gil Williams
Stephanie Recht

Non-Board Committee Members:

Connie Colvis
Arlene Miller
Carolyn Crowe
Angela Schutz
Aren Ginsberg
Rachana Shrestha
Chris Mahan
Pam Zell

WWW.MITRATA.ORG

2016 ANNUAL REPORT

Letter from Christine



In 2016 we made a lot of progress! We provided education, housing and medical care for 85 children and early childhood education for an additional 26 children in the Contact Center, our school-readiness program.

We significantly expanded services to our children, especially in light of their increased needs stemming from poverty, early life trauma and last year's earthquake. We have hired an additional program coordinator and a part-time counselor. With the help of the Karma Thalo Foundation, a generous group of St. Louis health professionals who provide medical care in Nepal, we have instituted a pilot program to increase the nutrition and health of the children in the Contact Center. And we are now operating a small boarding facility out of our Mitrata office for some of our college students who were lacking dormitories.

In the USA we newly collaborated with filmmaker Amy Benson to show her independent documentary, "Drawing the Tiger," to an audience in St. Louis. This film is an insightful account of a young girl trying to get an education in Nepal. MNFC has agreed to help the remaining children of the needy family depicted in this film.

A special highlight this year-Leena and Yogesh Satyal of BSF traveled to St. Louis to meet with sponsors, present with me at the ANMA/NASaE Joint Convention 2016 and participate in our annual MNFC strategic planning. All of these events brought MNFC and BSF closer together to accomplish our mission.

In spite of the continuing challenges of working in post-earthquake Nepal, we are seeing the "fruits of our labor" from these past 14 years. Our children are growing up, graduating, and securing employment, even as we add young, needy children to our services. This has only been possible because of your continued generous support. You are truly making a difference! Thank you and please join me on my trip to Nepal this year in late October.

With Gratitude,
Dr. Christine Schütz

Mitrata's Mission

Mitrata-Nepal Foundation for Children (MNFC) is a 501 (c)(3) nonprofit organization in the United States, dedicated to helping underprivileged children in Nepal. We provide educational opportunities, housing, and medical care for children, assisting them in becoming healthy, educated, economically independent citizens of Nepal. We work with our partner non-governmental organization Bhuwaneswori Satyal Foundation (BSF) to empower each child individually, in cooperation with their families or guardians and educational institutions. Each child matters to us, and we provide direct links from our sponsors to the children so there can be a personal connection halfway around the world.



We work with our partner non-governmental organization Bhuwaneswori Satyal Foundation (BSF) to empower each child individually, in cooperation with their families or guardians and educational institutions. Each child matters to us, and we provide direct links from our sponsors to the children so there can be a personal connection halfway around the world.

Goals Set in 2015 and Met in 2016

- ✓ Found partial sponsors for every child
- ✓ Secured medical school scholarships for Sudan and Susmita to assist them in their quest to become Nepali doctors.
- ✓ Added to our scholarship fund to create university and trade school scholarships for our increasing numbers of older children.
- ✓ Empowered ten tenth-graders to pass the School Leaving Certificate (SLC) exam and continue with their education.
- ✓ Strengthened relationships with the Karma Thalo Foundation and other organizations working in Nepal to develop greater opportunities for our children.
- ✓ Welcomed eight child sponsors in Nepal, and hosted field trips, pizza and momo parties, special dinners, travel to Pokhara, the Australian Camp in the Annapurna range, and the Hindu holy site of Manakamana.

Partnership in Karma Thalo

This year with the aid of volunteer Logan Briggs and the Karma Thalo Foundation, a six-month pilot program to significantly increase the Contact Center children's overall health and BMI was established. The Center was opened earlier in the morning to provide a protein-rich breakfast



and snack containing eggs, protein powder, yogurt, and peanut butter along with additional educational programming. The children's BMIs and physical assessments are now being charted monthly; in the first two months we have already seen a marked improvement in the children's overall health.

For the second year in a row, Karma Thalo provided medical exams for our children, free of charge, along with dental care and medicine. Medical files were also started on the children so that we may track their progress. In addition, our Mitrata students who are studying medicine accompanied Karma Thalo doctors to the village of Lisankhu where they served as interpreters.

Our Children are Succeeding



Three of our children graduated with B.A. degrees: Pratima, in Hotel Management, Rukesh in Science and Sangeeta in Nursing. Pratima already has a job and Rikesh obtained a full scholarship to a Computer Engineering university program in China.

Our Young Volunteers in Nepal

We were blessed with two amazing student volunteers who stayed at the BSF office apartment in the Sokedhara neighborhood, and made significant contributions to the health and well-being of the children. High school student Larissa Hoffmann worked every day for a month with our kids in the early childhood program. Dartmouth graduate Logan Briggs focused on



medical follow-ups from our health clinic, making sure kids received their medicines and nutritional supplements. Logan participated in the rural medical clinic with Karma Thalo Foundation as well.



Challenges 2016

After 14 years in operation, we are facing challenges with the increasing costs of services. Tuition costs are rising, college-level schools are now requiring laptops and cellphones are necessary for BSF staff to contact the children. To engage our kids in productive activity while waiting for college to start (often 6 months), we are sending them to extra computer classes or internships. To address the career counseling needs of our older children and the mental health needs of all our children, we have hired an additional social worker and a part-time counselor. The young children entering our Contact Center come from an environment of urban, not rural, poverty as in the past. Since the earthquake of 2015, poor families suffered setbacks in an already inadequate economic and social life, resulting in an influx of families to the city where they live in very poor hygienic environments. Many of these families suffer from problems with mental illness, drug abuse/ alcoholism and abuse/neglect. So our children require more staff time and extra services to assist them in becoming successful adults. We are committed to this individualized approach to education and see each child as unique and special. From time to time we may ask sponsors/donors for extra funds to cover these costs or increase sponsorship fees or fundraising efforts to help us continue to deliver quality services.

More Scholarship and Endowment Funds Donations



In 2016 the same anonymous donor bestowed an additional gift of \$68,000 to the endowment fund. All gifts to the fund are held in perpetuity and invested, with the annual returns used to provide scholarships for our children, possibly one to two per year.

In 2015 we established our first scholarship fund from a generous sponsor donation, with a call to match it in 2016. With many children going on to college and rising inflation rates, we recognized the need to help offset rising tuition fees and the extra costs such as exam prep fees and laptop computers. We raised an additional \$8,360.

BSF Overview



Our NGO partner Bhuwaneswori Satyal Foundation (BSF) continues to identify the needs of our children. BSF is led by social worker and Executive Director Leena Satyal and a board of Nepali business people led by Yogesh Satyal. Leena directs a staff of nine beginning with two program coordinators, Aleesh Baniya and Susmita Gautam, who are responsible for the delivery of quality program support and assistance with students' academic needs. This year, a part-time counselor Bimala Joshi was hired to work with at-risk children and our older children needing career counseling. Accountant Leknath Poudel provides much-needed financial oversight. Sushma Magar acts as our director of the Contact Center program and manages three employees who serve as teachers and support staff.